

small
business
community
network

Virtual Networking Event

with Joy Lang

We're living in difficult times. Our topic this month is Coping in the Time of COVID-19. Join guest presenter Joy Lang to learn about managing your mental health in a time of extraordinary stress.

MAY

WEDNESDAY

20

7pm - 9pm

Online with Zoom

FREE to all businesses for a limited time

Supported by



Register at

sbcncanada.org/events/2899